



## What is PaleoTechnology?

PaleoTechnologies or are the first techniques utilized by humans to modify materials found in their environment and assist them in their comfort & survival.

Science, technology, engineering, art & math have long defined our existence in this world.

These essential skills have provided the foundation for all the developments which have since followed. By learning & practicing these ancient living skills, we get more in touch with our roots, our independence, and our place in the natural world.

*It is often difficult for students to visualize & comprehend how early humans lived.*

*Using our hands to create an item using ancient living skills brings the experience to life & gives participants a base upon which to build an understanding of the past.*

## SCHOOL PROGRAMS

for 3rd - 8th graders compliment  
 -6th grade in California Public Schools,  
 -4th grade in Waldorf,  
 -3rd grade in Montessori,  
 -Mixed ages in Home School Groups

## YOUNG ADULT PROGRAMS

9th - 12th graders

## ALL PROGRAMS

give an introduction to basic technologies & participants go home with a necklace which they have made entirely by hand from sticks, stones & nuts.



## SKILLS DEMOS

also available in these topics:

- Stringmaking
- Ropemaking
- Netmaking
- Firemaking
- Basketry
- Tanning

**\$300/hr** (2 hour minimum)

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# ANCIENT LIVING SKILLS

with

**Tamara Wilder**  
*PaleoTechnologist*



## PALEOTECHNICS

*Arts & Technologies of Early Peoples*

707-391-8683

***www.paleotechnics.com***

PO Box 876 Boonville, CA 95415

*Check website for more info or contact us about a specific program to fit your needs.*

## Beadmaking

Introduces age old drilling, shaping and polishing techniques.

Make beads from soapstone & native Ghost Pine nuts and proudly take home a necklace made "from scratch".

**Young Adults** are generally faster and make more artistic and/or numerous beads.



## Stringmaking

Incorporates teamwork with concepts of geometry & physics to twist fiber into string using a triangle twisting method of stringmaking.

**Young Adult Programs** incorporate single person twisting techniques.



## Ropemaking

Incorporates teamwork with concepts of geometry & physics to twist rope using a handspinning ropewalk method and then playing jumprope games with that rope.

## Firemaking

Explores friction fire using a wooden handdrill kit. Friction fire is a challenging skill so we concentrate on the process instead of the result; however, focused groups may succeed at making fire. Flint & steel firemaking can also be demonstrated.

**Young Adult Programs** focus more on technique and each group making fire.

## Games of Chance & Skill

Dice games made of bones and nuts have provided entertainment around the world since time immemorial.

Catch or buzzing games made of bones help develop muscles and coordination in hands.

## Standard School Program

hunting tools, pine nut beads, stone beads, stringmaking, games, firemaking & ropemaking  
(4-6 hours)

**\$625-\$1000**

varies by group size and time

*Materials included.*

*Travel fee may be added.*

*5-7 adult volunteers requested.*

## Tamara Wilder

has been practicing, teaching & demonstrating ancient living skills since 1989 and has been running school programs across Northern California since 1998.

She regularly teaches at *the CA School of Herbal Studies, Occidental Arts & Ecology Center & various skills gatherings;* is coauthor of the book *Buckskin*, and demonstrates ancient living skills for museums, fairs & schools.

She is also featured on the History Channel in the Modern Marvels show entitled "*Leather*".

## Hunting Tools Target Practice

Helps develop hand-eye coordination  
Extremely popular

### TOOLS AVAILABLE:

*rabbitsticks* (throwing sticks)

*handspears*

*atlatls* (spearthrowers)

*bow & arrows*

*crossbows*

*Hoop & Pole Game*



Requires extra adult supervision.  
A large grassy field is the best locale.