



## SCHOOL PROGRAMS

for 3rd - 8th graders compliment  
-6th grade in Public Schools,  
-4th grade in Waldorf,  
-3rd grade in Montessori,  
-Mixed ages in Home School Groups

*Teen & Adult Programs also available*

### ALL HANDS-ON PROGRAMS

give an introduction to basic technologies  
& participants take home a necklace  
made by hand from sticks, stones & nuts.

### DIGITAL PROGRAMS

give an introduction to basic technologies



## What is PaleoTechnology?

PaleoTechnologies are the first techniques utilized by humans to modify materials found in the environment to assist in comfort & survival.

Concepts of science, technology, engineering, art & math have long defined our existence in this world.

These essential skills have provided the foundation for all the developments which have since followed. By learning & practicing these ancient living skills, we can get more in touch with our roots, our independence, and our place in the natural world.

*It can be difficult for students to visualize & comprehend how early humans lived. Working with our hands to create an item using ancient living skills brings the experience to life & gives participants a base upon which to build a deeper understanding of the past.*

## Health Safety Options:

-In School Social Distance

*(Hands-on in "outdoor classroom")*

-Distance Learning

*(Hands-on "class pod" programs via internet)*

-Remote Learning

*(Hands-on "in home" programs via internet)*

-Digital Programs

*(No hands-on, via internet)*

# ANCIENT LIVING SKILLS

with

**Tamara Wilder**  
*PaleoTechnologist*

## PALEOTECHNICS

*Arts & Technologies of Early Peoples*

707-391-8683

**[www.paleotechnics.com](http://www.paleotechnics.com)**

PO Box 876 Boonville, CA 95415

*Check website for more info  
or contact us about a specific  
program to fit your needs*

## Ancient Living Skills Distance Programs

stone beads, pine nut beads & stringmaking HANDS ON, plus video of firemaking, ropemaking & hunting tools (3.5 hours)

\$400-\$650

*depending on size & whether remote or distance learning*

## Digital Programs

video &/or online instruction in choice of topics

\$50-\$300

*depending on choice of content*

## **Tamara Wilder**

*has been practicing, teaching & demonstrating ancient living skills since 1989 and has been running school programs across Northern California since 1998.*

## ROPEMAKING

Incorporates teamwork with concepts of geometry & physics to twist rope using a handspinning ropewalk method & then playing jumprope games with that rope.

## HUNTING TOOLS

hoop & pole game  
throwing sticks  
spearthrowers  
bow & arrows  
crossbows

## STRINGMAKING

Incorporates teamwork with concepts of geometry & physics to twist fiber into string using a triangle twisting method of cordage.

## GAMES of CHANCE & SKILL

dice games,  
buzzer games  
&  
catch games

## Ancient Living Skills In School Programs

hunting tools, stone beads, games, firemaking, pine nut beads, stringmaking, & ropemaking  
**HANDS ON**  
(4-6 hours)

\$650-\$850  
*depending on time & size*

## FIRE MAKING

by friction.  
Rubbing sticks together using a handdrill friction firemaking kit

## BEAD MAKING

Using age old drilling, shaping & polishing techniques, proudly take home a necklace made "from scratch".

*details at*  
**[www.paleotechnics.com](http://www.paleotechnics.com)**